



SAPIENZA
UNIVERSITÀ DI ROMA



8-TALENT:

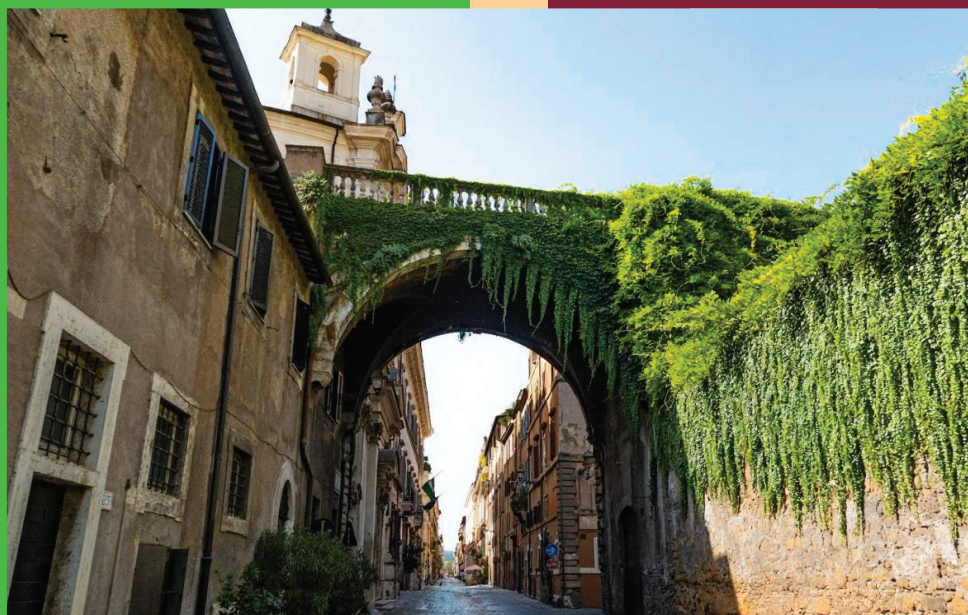
Transition Adolescence and young adults -Endocrine diseases management

An Endo-European Reference Network event

8th Conference Meeting

ROME

**FEBRUARY 11.12.13
2026**



TALENT CONFERENCE OPENING

13:00-13:30 Registration of participants

13:30-14:00 Opening of the conference and greetings from the Authorities

TALENT for ADRENAL DISEASES – Endo-ERN MTG1 Symposium

Moderators: C. Scaroni; N. Reisch; F. Pecori-Giraldi

14:00-14:20 **LECTURE 1:** Cushing's syndrome in transition to adulthood: comparative management between adolescents and adults - **Antoine Tabarin**, *Hopital Haut-Lévêque C.H.U de Bordeaux, Pessac, France*

14:20-14:40 **LECTURE 2:** Challenges in monitoring congenital adrenal hyperplasia with emerging therapies: from transition to young adult care - **Svetlana Lajic**, *Karolinska University Hospital, Stockholm, Sweden*

14:40-15:00 **LECTURE 3:** Autoimmune adrenal insufficiency in youth: from isolated Addison's to polyglandular syndromes - **Rosario Pivonello**, *University of Naples Federico II, Naples, Italy*

15:00-15:20 Discussion

TALENT for DISORDERS OF CALCIUM & PHOSPHATE HOMEOSTASIS – Endo-ERN MTG2 Symposium

Moderators: E. Kassi; N. Napoli

15:20-15:40 **LECTURE 4:** Translating new clinical recommendations into care: Burosumab and skeletal outcomes in young adults with XLH - **Francesco Emma**, *IRCCS Bambino Gesù Children's Hospital, Rome, Italy*

15:40-16:00 **LECTURE 5:** Bone health in functional hypothalamic amenorrhoea: challenges and strategies during transition to adulthood - **Giovanna Mantovani**, *Department of Clinical Sciences and Community Health, University of Milan, Milan, Italy*

16:00-16:20 **LECTURE 6:** Novel agents in the management of hypoparathyroidism and related disorders: focus on transition and young adults - **Andrea Palermo**, *Unit of Endocrinology and Diabetes, Campus Biomedico University, Rome, Italy.*

16:20-16:40 Discussion

16:40-17:00 Coffee break

TALENT for GENETIC DISORDERS OF GLUCOSE & INSULIN HOMEOSTASIS – Endo-ERN MTG3 Symposium

Moderators: **S. Cianfarani; S. Cannavò**

17:00-17:20 **LECTURE 7:** MODY and other non-typical forms of diabetes in young adults: when the diagnosis comes late - **Pietro Maffei**, *University of Padua, Padua, Italy*

17:20-17:40 **LECTURE 8:** Obesity in type 1 diabetes: drivers and challenges for a novel immunometabolic issue - **Ernesto Maddaloni**, *Sapienza University of Rome, Italy*

17:40-18:00 Discussion

Conclusions of the day's work

TALENT'S Working Groups Meeting

- 9:00-10:30 **Old-TALENT:** Meeting and report of the working groups of the 7th Talent conference
- 10:30-12:00 **New-TALENT:** Meeting and presentation of the proposals of the working groups of the 8th Talent conference
- 12:00-13:00 Lunch

TALENT for GENETIC ENDOCRINE TUMOUR SYNDROMES – Endo-ERN MTG4 Symposium

Moderators: A.B. Grossman; C. Giavoli

- 13:00-13:20 **LECTURE 9:** MEN1 in young adults: new guidelines for tumour screening and transition care - **Maria Luisa Brandi**, *University of Florence, Italy*
- 13:20-13:40 **LECTURE 10:** Integrating RET-targeted therapy advances into the transitional management of MEN2A and MEN2B syndromes - **Cosimo Durante**, *Sapienza University of Rome, Italy*
- 13:40-14:00 **LECTURE 11:** Von Hippel-Lindau syndrome and developments in other endocrine tumor syndromes - **Annemarie Verrijn-Stuart**, *Wilhelmina Kinderziekenhuis, Utrecht, Netherlands*
- 14:00-14:20 Discussion

TALENT for GROWTH & GENETIC OBESITY SYNDROMES – Endo-ERN MTG5 Symposium

Moderators: P. Maffei; S. Migliaccio

- 14:20-14:40 **LECTURE 12:** Evolving treatments for obesity in adolescents and young adults: from novel agonists to holistic management - **Susan O' Connell**, *Children's Health Ireland, Dublin, Ireland*
- 14:40-15:00 **LECTURE 13:** Bardet-Biedl syndrome: from clinical challenges to targeted treatments in youth and young adults - **Giovanni Ceccarini**, *Pisa University Hospital, Pisa, Italy*

15:00-15:20 **LECTURE 14:** Navigating the challenges of Prader-Willi syndrome: from hyperphagia to hormonal therapies in transition age - **Danilo Fintini**, *IRCCS Bambino Gesù Children's Hospital, Rome, Italy*

15:20-15:40 Discussion

15:40-16:10 Coffee break

TALENT for HYPOTHALAMIC AND PITUITARY CONDITIONS–Endo-ERN MTG6 Symposium

Moderators: **E. Charmandari**; **V. Iotova**; **F. Pecori-Giraldi**

16:10-16:30 **LECTURE 15:** Therapeutic innovations in growth disorders: from daily and long-acting GH to IGF-1 replacement - **Alberto Pereira**, *Amsterdam UMC Meibergdreef 9, Netherlands*

16:30-16:50 **LECTURE 16:** Transitioning with prolactinomas: clinical course and management strategies - **Nienke Biermasz**, *Leids Universitair Medisch Centrum, Leiden, Netherlands*

16:50-17:10 **LECTURE 17:** Oxytocin and adolescence: neuroendocrine dynamics and clinical implications - **Mirjam Christ-Crain**, *Universitätsspital Basel, Basel, Switzerland*

17:10-17:30 Discussion

17:30-17:50 **LECTURE 18:** (recovery lecture **Endo-ERN MTG3 Symposium**). Lessons from the field: barriers and breakthroughs in transitioning youth with rare diabetes - **Felix Reschke**, *Diabetes-Zentrum für Kinder und Jugendliche, Hannover, Germany*

Conclusions of the day's work

TALENT for SEX DEVELOPMENT & MATURATION– Endo-ERN MTG7 Symposium**Moderators:** M. Cappa; U. Döhnert; C.G. Krausz

- 09:00-09:20 **LECTURE 19** : DSD: diagnostic complexity, therapeutic variability and the search for shared protocols - **Olaf Hiort**, *Universitätsklinikum Schleswig-Holstein, Lubeck, Germany*
- 09:20-09:40 **LECTURE 20** : PCOS and pubertal disorders: implications for fertility across the lifespan - **Krystallenia Alexandraki**, *National and Kapodistrian University of Athens, Greece*
- 09:40-10:00 **LECTURE 21** : “EAA Educational Course” from gonadotropins to sex steroids: puberty induction and transitional care in male hypogonadism - **Hedi Claahsen**, *Radboud University Medical Center, Nijmegen, Netherlands*
- 10:00-10:20 Discussion

TALENT for THYROID DISEASES – Endo-ERN MTG8 Symposium**Moderators:** A. Pontecorvi; E. Giannetta

- 10:20-10:40 **LECTURE 22** : Graves' disease in transition age: rethinking antithyroid drug strategies and dosing approaches - **Aglaia Kyrilli**, *Hôpital Erasme, Brussels, Belgium*
- 10:40-11:00 **LECTURE 23** : Differentiated thyroid cancer in young adults: do we need a molecular-based follow-up? **Marco Centanni**, *Sapienza University of Rome, Italy*
- 11:00-11:20 **LECTURE 24** : Levothyroxine adherence in young adults: why are we still getting it wrong? - **Grazia Maria Ubertini**, *IRCCS Bambino Gesù Children's Hospital, Rome, Italy*
- 11:20-11:40 Discussion
- 11:40-12:00 Coffee break

“VOICES IN TRANSITION”: ROUNDTABLE BETWEEN PHYSICIANS AND PATIENT ASSOCIATIONS

Moderators: M.L. Jaffrain; M. Spaziani; F. Carlomagno

12:00-14:00 **Panel Discussion**

MTG 1: Discussant: **Rosa Maria Paragliola**

Patient Association Representative: Associazione Italiana Pazienti Addison - AIPAd (*Simone Genovese, Roma*)

MTG 2: Discussant: **Stefano Frara**

Patient Association Representative: Associazione Italiana dei Pazienti con Disordini Rari del Metabolismo del Fosfato - AIFOSF (*Nicoletta Schio, Vicenza*)

MTG 3: Discussant: **Tiziana Filardi**

Patient Association Representative: Federdiabete Lazio APS (*Lina Delle Monache, Roma*)

MTG 4: Discussant: **Franz Sesti**

Patient Association Representative: Associazione Italiana Tumori Neuroendocrini - AINET (*Giovanni Guglielmi, Roma*)

MTG 5: Discussant: **Marianna Minnetti**

Patient Association Representative: Associazione Sindrome di Bardet-Biedl Italia APS - ASBBI (*Susanna Genova, Palermo; Arianna Foti, Monza*)

MTG 6: Discussant: **Antonio Bianchi**

Patient Association Representative: Associazione Italiana Displasia Setto Ottica e altri Disordini Neuroendocrini - SOD ITALIA APS (*Diana Vitali, Roma*)

MTG 7: Discussant: **Marta Tenuta**

Patient Association Representative: Nascere Klinefelter APS (*Pamela Pedretti, Firenze*)

MTG 8: Discussant: **Carlotta Pozza**

Patient Association Representative: Comitato Associazioni Pazienti Endocrini & La Lumaca ODV (*Anna Maria Biancifiori, Perugia*)

Conclusion of the Conference

GENERAL INFORMATION

Scientific Secretariat

Prof. Andrea M. Isidori
Prof. Daniele Gianfrilli
Prof.ssa Emilia Sbardella
Prof. Matteo Spaziani
Dr. Francesco Carlomagno
Dr. Marta Tenuta

Venue

Roma Eventi Fontana di Trevi
Piazza della Pilotta, 4

Registration

Mandatory registration through the DeskOnline platform, TALENT Conference form.
(<https://endo.deskonline.info/login>).

Pre-registration will be available until February 4, 2026

The free registration includes:

- access to the conference and exhibition areas for 3 days
- conference kit
- ECM documentation (upon request)
- certificate of attendance
- coffee breaks and lunch as per the program

Secretariat Desk

The Secretariat Desk will be available to all participants during the following hours:

Wednesday, February 11	01.00 PM-06.00 PM
Thursday, February 12	08.30 PM-05.00 PM
Friday, February 13	08.30 AM-01.00 PM

Certificate of Attendance

The certificate of attendance will be available in the “Documents” section of the DeskOnline platform within 7 working days after the event, subject to confirmed participation.

GENERAL INFORMATION

ECM Accreditation

Rif. ECM: 470416

ECM credits: 10

The conference has been accredited for the following categories: Medical Doctor (Endocrinology, Medical Genetics, Metabolic Diseases and Diabetology, Internal Medicine, Neonatology, Pediatric Neuropsychiatry, Pediatrics, Neurosurgery, General Medicine (Family Doctors), Pediatrics (Independent Pediatricians)); Biologists.

For the recognition of ECM credits it's necessary to register on the website www.lomea.it and request registration for the course id: 470416 or scan the qr-code below.

Provider Ecm



LOMEA soc.cooperativa

Provider ECM id. 6226

Via Martorano, 56 - 82019 Sant'Agata de' Goti (BN)

Tel.: 329.8089645

Email: rinaldi@lomea.it



Scan the qr-code
to register!

Thanks to



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