

ENDORSED BY



European  
Reference  
Network



Endo-ERN



SAPIENZA  
UNIVERSITÀ DI ROMA



## 8-TALENT:

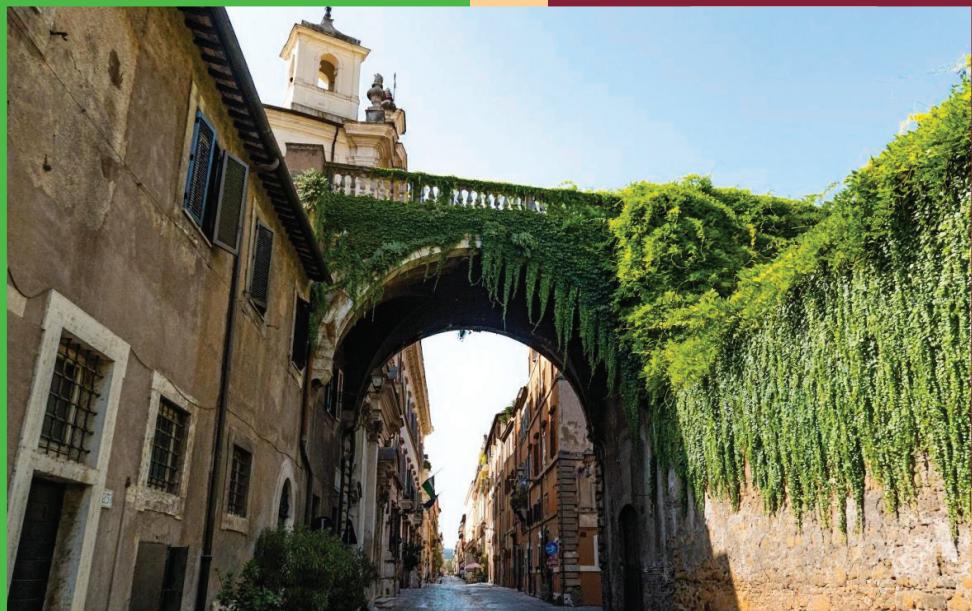
Transition Adolescence and young aduLts -Endocrine diseases managemenT

An Endo-European Reference Network event

## 8<sup>th</sup> Conference Meeting

**ROME**

**FEBRUARY 11.12.13  
2026**



**TALENT CONFERENCE OPENING**

13:00-13:30 Registration of participants

13:30-14:00 Opening of the conference and greetings from the Authorities

**TALENT for ADRENAL DISEASES – Endo-ERN MTG1 Symposium**

**Moderators:** C. Scaroni; N. Reisch; F. Pecori-Giraldi

14:00-14:20 **LECTURE 1:** Cushing's syndrome in transition to adulthood: comparative management between adolescents and adults - **Antoine Tabarin, Hopital Haut-Lévêque C.H.U de Bordeaux, Pessac, France**

14:20-14:40 **LECTURE 2:** Challenges in monitoring congenital adrenal hyperplasia with emerging therapies: from transition to young adult care - **Svetlana Lajic, Karolinska University Hospital, Stockholm, Sweden**

14:40-15:00 **LECTURE 3:** Autoimmune adrenal insufficiency in youth: from isolated Addison's to polyglandular syndromes - **Rosario Pivonello, University of Naples Federico II, Naples, Italy**

15:00-15:20 Discussion

**TALENT for DISORDERS OF CALCIUM & PHOSPHATE HOMEOSTASIS – Endo-ERN MTG2 Symposium**

**Moderators:** E. Kassi; N. Napoli

15:20-15:40 **LECTURE 4:** Translating new clinical recommendations into care: Burosumab and skeletal outcomes in young adults with XLH - **Francesco Emma, IRCCS Bambino Gesù Children's Hospital, Rome, Italy**

15:40-16:00 **LECTURE 5:** Bone health in functional hypothalamic amenorrhoea: challenges and strategies during transition to adulthood - **Giovanna Mantovani, Department of Clinical Sciences and Community Health, University of Milan, Milan, Italy**

16:00-16:20 **LECTURE 6:** Novel agents in the management of hypoparathyroidism and related disorders: focus on transition and young adults - **Andrea Palermo**, *Unit of Endocrinology and Diabetes, Campus Biomedico University, Rome, Italy.*

16:20-16:40 Discussion

16:40-17:00 Coffee break

### TALENT for GENETIC DISORDERS OF GLUCOSE & INSULIN HOMEOSTASIS – Endo-ERN MTG3 Symposium

**Moderators:** **S. Cianfarani; S. Cannavò**

17:00-17:20 **LECTURE 7:** MODY and other non-typical forms of diabetes in young adults: when the diagnosis comes late - **Pietro Maffei**, *University of Padua, Padua, Italy*

17:20-17:40 **LECTURE 8:** Obesity in type 1 diabetes: drivers and challenges for a novel immunometabolic issue - **Ernesto Maddaloni**, *Sapienza University of Rome, Italy*

17:40-18:00 Discussion

Conclusions of the day's work

**TALENT'S Working Groups Meeting**

9:00-10:30 **Old-TALENT:** Meeting and report of the working groups of the 7th Talent conference

10:30-12:00 **New-TALENT:** Meeting and presentation of the proposals of the working groups of the 8th Talent conference

12:00-13:00 Lunch

**TALENT for GENETIC ENDOCRINE TUMOUR SYNDROMES – Endo-ERN MTG4 Symposium****Moderators:** A.B. Grossman; C. Giavoli

13:00-13:20 **LECTURE 9:** MEN1 in young adults: new guidelines for tumour screening and transition care - **Maria Luisa Brandi**, *University of Florence, Italy*

13:20-13:40 **LECTURE 10:** Integrating RET-targeted therapy advances into the transitional management of MEN2A and MEN2B syndromes - **Cosimo Durante**, *Sapienza University of Rome, Italy*

13:40-14:00 **LECTURE 11:** Von Hippel-Lindau syndrome and developments in other endocrine tumor syndromes - **Annemarie Verrijn-Stuart**, *Wilhelmina Kinderziekenhuis, Utrecht, Netherlands*

14:00-14:20 Discussion

**TALENT for GROWTH & GENETIC OBESITY SYNDROMES – Endo-ERN MTG5 Symposium****Moderators:** P. Maffei; S. Migliaccio

14:20-14:40 **LECTURE 12:** Evolving treatments for obesity in adolescents and young adults: from novel agonists to holistic management - **Susan O' Connell**, *Children's Health Ireland, Dublin, Ireland*

14:40-15:00 **LECTURE 13:** Bardet-Biedl syndrome: from clinical challenges to targeted treatments in youth and young adults - **Giovanni Ceccarini**, *Pisa University Hospital, Pisa, Italy*

15:00-15:20 **LECTURE 14:** Navigating the challenges of Prader-Willi syndrome: from hyperphagia to hormonal therapies in transition age - **Danilo Fintini, IRCCS Bambino Gesù Children's Hospital, Rome, Italy**

15:20-15:40 Discussion

15:40-16:10 Coffee break

### TALENT for HYPOTHALAMIC AND PITUITARY CONDITIONS – Endo-ERN MTG6 Symposium

Moderators: **E. Charmandari; V. Iotova; F. Pecori-Giraldi**

16:10-16:30 **LECTURE 15:** Therapeutic innovations in growth disorders: from daily and long-acting GH to IGF-1 replacement - **Alberto Pereira, Amsterdam UMC Meibergdreef 9, Netherlands**

16:30-16:50 **LECTURE 16:** Transitioning with prolactinomas: clinical course and management strategies - **Nienke Biermasz, Leids Universitair Medisch Centrum, Leiden, Netherlands**

16:50-17:10 **LECTURE 17:** Oxytocin and adolescence: neuroendocrine dynamics and clinical implications - **Mirjam Christ-Crain, Universitätsspital Basel, Basel, Switzerland**

17:10-17:30 Discussion

17:30-17:50 **LECTURE 18:** (recovery lecture **Endo-ERN MTG3 Symposium**). Lessons from the field: barriers and breakthroughs in transitioning youth with rare diabetes - **Felix Reschke, Diabetes-Zentrum für Kinder und Jugendliche, Hannover, Germany**

Conclusions of the day's work

**TALENT for SEX DEVELOPMENT & MATURATION- Endo-ERN MTG7 Symposium****Moderators:** M. Cappa; U. Döhnert; C.G. Krausz

09:00-09:20 **LECTURE 19:** DSD: diagnostic complexity, therapeutic variability and the search for shared protocols - **Olaf Hiort**, *Universitätsklinikum Schleswig-Holstein, Lubeck, Germany*

09:20-09:40 **LECTURE 20:** PCOS and pubertal disorders: implications for fertility across the lifespan - **Krystallenia Alexandraki**, *National and Kapodistrian University of Athens, Greece*

09:40-10:00 **LECTURE 21:** “EAA Educational Course” from gonadotropins to sex steroids: puberty induction and transitional care in male hypogonadism - **Hedi Claahsen**, *Radboud University Medical Center, Nijmegen, Netherlands*

10:00-10:20 Discussion

**TALENT for THYROID DISEASES – Endo-ERN MTG8 Symposium****Moderators:** A. Pontecorvi; E. Giannetta

10:20-10:40 **LECTURE 22:** Graves' disease in transition age: rethinking antithyroid drug strategies and dosing approaches - **Aglaia Kyrilli**, *Hôpital Erasme, Brussels, Belgium*

10:40-11:00 **LECTURE 23:** Differentiated thyroid cancer in young adults: do we need a molecular-based follow-up? **Marco Centanni**, *Sapienza University of Rome, Italy*

11:00-11:20 **LECTURE 24:** Levothyroxine adherence in young adults: why are we still getting it wrong? - **Grazia Maria Ubertini**, *IRCCS Bambino Gesù Children's Hospital, Rome, Italy*

11:20-11:40 Discussion

11:40-12:00 Coffee break

## “VOICES IN TRANSITION”: ROUNDTABLE BETWEEN PHYSICIANS AND PATIENT ASSOCIATIONS

**Moderators:** M.L. Jaffrain; M. Spaziani; F. Carlomagno

12:00-14:00 **Panel Discussion**

**MTG 1:** Discussant: **Rosa Maria Paragliola**

Patient Association Representative: Associazione Italiana Pazienti Addison - AIPAd (*Simone Genovese, Roma*)

**MTG 2:** Discussant: **Stefano Frara**

Patient Association Representative: Associazione Italiana dei Pazienti con Disordini Rari del Metabolismo del Fosfato - AIFOSF (*Nicoletta Schio, Vicenza*)

**MTG 3:** Discussant: **Tiziana Filardi**

Patient Association Representative: Federdiabete Lazio APS (*Lina Delle Monache, Roma*)

**MTG 4:** Discussant: **Franz Sesti**

Patient Association Representative: Associazione Italiana Tumori Neuroendocrini - AINET (*Giovanni Guglielmi, Roma*)

**MTG 5:** Discussant: **Marianna Minnetti**

Patient Association Representative: Associazione Sindrome di Bardet-Biedl Italia APS - ASBBI (*Susanna Genova, Palermo; Arianna Foti, Monza*)

**MTG 6:** Discussant: **Antonio Bianchi**

Patient Association Representative: Associazione Italiana Displasia Setto Ottica e altri Disordini Neuroendocrini - SOD ITALIA APS (*Diana Vitali, Roma*)

**MTG 7:** Discussant: **Marta Tenuta**

Patient Association Representative: Nascere Klinefelter APS (*Pamela Pedretti, Firenze*)

**MTG 8:** Discussant: **Carlotta Pozza**

Patient Association Representative: Comitato Associazioni Pazienti Endocrini & La Lumaca ODV (*Anna Maria Biancifiori, Perugia*)

Conclusion of the Conference

# GENERAL INFORMATION

## Scientific Secretariat

Prof. Andrea M. Isidori  
Prof. Daniele Gianfrilli  
Prof.ssa Emilia Sbardella  
Prof. Matteo Spaziani  
Dr. Francesco Carlonmagnano  
Dr. Marta Tenuta

## Venue

Roma Eventi Fontana di Trevi  
Piazza della Pilotta, 4

## Registration

Mandatory registration through the DeskOnline platform, TALENT Conference form.  
(<https://endo.deskonline.info/login>).

Pre-registration will be available until February 4, 2026

The free registration includes:

- access to the conference and exhibition areas for 3 days
- conference kit
- ECM documentation (upon request)
- certificate of attendance
- coffee breaks and lunch as per the program

## Secretariat Desk

The Secretariat Desk will be available to all participants during the following hours:

Wednesday, February 11 01.00 PM-06.00 PM

Thursday, February 12 08.30 PM-05.00 PM

Friday, February 13 08.30 AM-01.00 PM

## Certificate of Attendance

The certificate of attendance will be available in the “Documents” section of the DeskOnline platform within 7 working days after the event, subject to confirmed participation.

# GENERAL INFORMATION

## ECM Accreditation

Rif. ECM: 470416

ECM credits: 10

The conference has been accredited for the following categories: Medical Doctor (Endocrinology, Medical Genetics, Metabolic Diseases and Diabetology, Internal Medicine, Neonatology, Pediatric Neuropsychiatry, Pediatrics, Neurosurgery, General Medicine (Family Doctors), Pediatrics (Independent Pediatricians)); Biologists.

For the recognition of ECM credits it's necessary to register on the website [www.lomea.it](http://www.lomea.it) and request registration for the course id: 470416 or scan the qr-code below.

## Provider Ecm



### LOMEA soc.cooperativa

Provider ECM id. 6226

Via Martorano, 56 - 82019 Sant'Agata de' Goti (BN)

Tel.: 329.8089645

Email: [rinaldi@lomea.it](mailto:rinaldi@lomea.it)



Scan the qr-code  
to register!

Thanks to



Caring Innovation





**SAPIENZA**  
UNIVERSITÀ DI ROMA



**UMBERTO I**  
POLICLINICO DI ROMA



Società Italiana  
**Endocrinologia**  
Sezione Lazio

## Organizing secretariats

For sponsors



**Panta Rei Società Benefit Srl**

Via Martucci, 48 - 80121 Napoli  
Tel: 351.0816153  
Email: [segreteria@panta-rei.eu](mailto:segreteria@panta-rei.eu)

For registrations



**GI.A.D.A. srls**

Via Ernesto Monaci, 21 - 00161 Roma  
Tel: 06.24404442  
Email: [segreteria.talent2026@gmail.com](mailto:segreteria.talent2026@gmail.com)